

Harlan Campbell Jr's Shooting Instruction



By:

ATA All-American

Harlan Campbell Jr

408 Plumb, Box 562
Tribune, Kansas 67879

Cell - 620.376.8787

Email:

stubbleduck@yahoo.com

www.harlancampbelljr.com

*Shooting Better is a Choice,
And That Choice is Yours!*

Thank You For Your Interest

Hello,

Thank you for your interest in my Shooting Instruction. During a 2-day clinic I will cover all three disciplines of shooting: Singles, Handicap, and Doubles. Each shooter will be taken as an individual, since you come with varying degrees of ability, and experience. I will begin with making sure that you have a good solid shooting foundation; one that will allow you to enjoy your shooting game as never before.

You will learn to develop strong physical and mental game plans. We then take those game plans to the trap line, There, you will continue to fine-tune those skills under my guidance.

You will shoot approximately 300 to 325 targets per class, depending on the experience level and desire of the class. The clinic will be held rain or shine! Learning the proper way to deal with mother nature and what she can throw at you makes the difference when the rest of the competition quits or sits in the clubhouse. Due to my desire to make sure that you have as much individual time as possible, each class is limited to only 5-6 students. This will enable me to work with you more closely, and allow me to focus in on your specific needs as a shooter.

If shooting better is your goal, let Harlan Campbell Jr.'s Shooting Instruction help you reach that goal. Remember, "Shooting better is a choice, and that choice is yours."

Respectfully,

Harlan Campbell Jr.



Trapshooting - My Way

Shooting better scores is a choice, and that choice is yours. The old saying, "So what have you done lately?" is never more true than in today's competitive shooting. With the start of each new day at the trap range you are given a new chance to be a winner, a new chance to prove yourself and the opportunity to set yourself apart from the rest of the shooting world. I am here to help you succeed with that new choice, to teach you a new way of shooting, and a new way of thinking, that I feel is the key to breaking better and higher scores.

There are four things that I believe are important to becoming a better shooter:

1. Determination
2. Commitment
3. Courage
4. Confidence

With these four factors linked with the new thought processes and concentration skills you will learn, the sky is the limit as to how far you can take your shooting game. You must be determined and stubborn in the path you have chosen, your mind set has to be a stubborn one, one that says, "Failure is not an option.." You must have a commitment to practice in order to get better. To go that extra mile, and to put forth the greatest effort possible on every target -- it will demand that you give 110% on each and every target!! It takes courage to step out of your comfort zone in hopes of getting better. Don't give up just because you had a bad day or a bad round, learn from it and make the needed changes to get better, but most of all have confidence in yourself and the skills you are taught. ***I will build you a system that will not fail, it's you that will fail the system!***

During the next two days I am going to work with you and your style of shooting. We will work to incorporate a new way of thinking about your shooting game both on and off the line. I want you to start thinking like competitors not just shooters out there making empties. Depending on your experience level I will work with you on the fundamentals of stance, setup, hold points, focus areas, gun fit, point of impact, and your routine on the line. These are building blocks of a good solid shooting foundation. I will instruct you on how to develop concentration skills, game plans, and thought processes that will not only work for you, but will stay with you when the going gets tough on the line. Learning and trusting these skills will take time, and they will allow you to stay focused on the job at hand, and that job is breaking more targets. ***YOU WILL BE IN CONTROL OF YOUR SHOOTING GAME!*** I will talk about the pressures and fears of breaking good scores and how to deal with that pressure. I will discuss the right times to make changes to your gun, and shooting style, to keep you improving. I do believe in hard work and repetition, and believe me it will take just that! ***HARD WORK*** to get you where you want to be. I will push you to do your best and not get lazy. There is no secret, no magic fairy dust! Only ***HARD WORK, DESIRE*** and ***OPPORTUNITY!*** In the beginning it will feel impossible, but as you learn the processes and skills, of breaking targets, and how to stay in control of your shooting game, better and better scores will follow.

You get what you deserve, not what you want!!!

Harlan Campbell Jr's Shooting Instruction

Presented By:

ATA All-American Harlan Campbell Jr

There are some interest in having Harlan Campbell Jr come and provide trapshooting instruction. Please look at Harlan's Instruction Pamphlet for more information. Anyone possibly intrested, please write your name and phone number so that we can contact you for more information.

~ All three disciplines of shooting will be covered, with emphasis on developing a good, solid shooting foundation. The basic fundamentals to the more advanced mental and physical game plans needed to push your shooting to the next level will be taught and implemented.

~ Class size is limited to 5 students to maximize one-on-one instruction.

~ Cost is \$300.00 per student. Shells and targets are students' cost.

Sign Up Sheet

Name:

Phone:

1. _____

2. _____

3. _____

4. _____

5. _____

Alternate

1. _____

For more information, please contact _____ at _____

Shooting Information Sheet

Name: _____ Clinic Date: _____

Address: _____

Telephone: _____ Clinic Location: _____

One or two eyed shooter _____ Right or left handed _____

Eye Dominance: Right ___ Left ___ Trigger type _____

What gun or guns are you currently shooting:

Do these guns have adjustability:

Averages:

League Shooter ___ League Average _____

Recreational Shooter ___ Average Score _____

ATA Registered Shooter ___ 16's _____ HD _____ Dbl _____

Handicap yardage: ATA _____ League _____ New shooter _____

Shooting Experience:

Describe problem areas and issues you face on the line:

Event: _____ Gun Club _____ Date _____
Squad no. _____ Position no. _____ Event no. _____

Conditions:

Background _____ Visibility _____ Temp _____ am _____ pm
Weather _____ Wind _____ Speed _____ Direction _____

Direction of trap line: N S E W---NE NW SE SW AM or PM Field _____

Target color _____ Target Type _____ Trap Type _____

Stance / Set up _____ Hold Points/ Focus areas _____

Where should I be looking ? _____

Equipment Notes / Gun used / Gun set up:

Chokes used: Single barrel _____ O/U Bottom _____ Top _____

Shells: New _____ Reloads _____ shell configuration _____

Glasses _____ Tint Type _____ Ear Protection _____ Coat/vest _____ Shell Holder _____ Hat _____

Shoes _____ Shirt _____ Pants/Shorts _____ Under Armor _____ Other _____

Warm Up Practice Targets _____ Remarks / Changes _____

Physical Condition:

Rested _____ Tired _____ Aches/Pains _____ Energy Level _____ Alertness _____

How do I feel? _____

Mental Condition:

Stress level _____ Distractions _____ Annoyances _____ Attitude / Mind set _____

Am I Focused? _____

Remember: Be Patient--- Slow it down--- Work hard at delivering the shot correctly---And stay in the Game!

Review of the Round: Score: _____ x25 _____ x50 _____ x100 _____ x200

Average _____ Score _____

What happened? _____

How well did I see the targets? _____ How well did I break the targets? _____

What target or trap gave me the most problems? _____ Did I lose

Focus? _____

What do I need to do better for the next round ? _____

What are my practice goals to work on:

1. _____
2. _____
3. _____